

Introductory Notes for A S M R HOUR

This document includes the following, in order: Title, Performer, Performance Experience, Headphones, Character, Set, Props, Mood and Lighting, Performance Warnings, and Trigger Warnings.

ASMR HOUR

The term ASMR is an acronym. It is the letters A S M R. They stand for Autonomous Sensory Meridian Response. Hour is used to mean sixty minutes. The word hour is capitalised in the title.

Performer

This is a solo show performed by Amy Atkins.

“I’m Amy Atkins, a Pākehā woman, 5 foot 4, with brown eyes and short curly brown hair. I perform Letitia Lickkit, who is a real ASMR artist on YouTube.”

Performance Experience for Blind & Low Vision

The performance has no live Audio Description or Audio Introduction. Instead, Amy weaves in narration which acts as integrated Audio Description.

Amy has been learning about Audio Description since 2018. She has worked with Judith Jones, a professional Audio Describer in New Zealand, to workshop integrating audio description into her live work.

It is possible Amy will miss commenting on something. But overall, since the experience of sound and voice is the focus of the show most of the performance will be accessible to a hearing person.

If you come along with a companion, you might like having some of the props and actor's physicality described to you, which would change your performance experience.

Headphones

Special headphones are provided to wear during the show. This is how you will listen to the entire show. You can choose the volume of the headphones. If you take the headphones off during the show you won't be able to hear

the performance as it was intended. But this is a great way to take a break from listening without leaving the space.

If you use a hearing assistive device, you can choose whether it's best to listen with your devices still in or taken out.

Character

Letitia Lickkit is the only character in the show. She's performed by Amy.

Letitia's look and outfit is very modern glamour. She radiates and glows. She's been described as a visual feast by reviewers and dubbed the Shiny Queen by her subscribers.

She wears bright yellow eye makeup and red lip stick, which give her an allure. Her gold sequin, halter neck top gapes at the chest but you never quite see her cleavage. Her tiny gold sequin mini shorts show off her gluteal fold. It's all very cheeky and glam.

Letitia moves with purpose and is poised while speaking. Letitia uses her voice in many ways throughout the show. Almost all of the voices, mouth sounds, and sound effects are created live by Letitia. The ferocity with which Letitia eats has been called 'squirm inducing.'

Set

On stage is a golden grotto. It's radiant, lush, and royal. The set feels warm and cozy. The theatre space is filled with golden props, gold sequin material, and gold sequin pillows. The set is designed to feel both professional like a recording studio and comforting like a bedroom.

The stage comprises of the following set pieces from left to right.

1. A mic on a stand connected to a Loop pedal on the floor. At the base, a small stool draped in gold cloth and stacked with golden props.
2. A long table off to the right side of the space with a myriad of golden props on it. Behind the table are a condenser mic and camera.

3. On the back wall, a video is being projected. For the duration of the performance a live feed from the camera on stage will be projected here, in landscape, in the style of a YouTube video.

Props

Every performance uses a slightly different selection of props. Amy will cover key props in the Touch Tour, if you attend. Otherwise, props will be described by Letitia, in the moment, during the show.

Most of the objects are sourced from op-shops, Letitia is a magpie for gold things. Almost every object is some shade of gold. Some objects are made of gold sequins while others are made from plastic or golden metals.

Lighting

The lighting design evokes warm sunshine and cozy duvet bedroom vibes.

There's a lot of yellow light used throughout the show. This yellow light symbolises warm sunshine and the Hollywood era in the 1960s. Everything feels nostalgic and cozy. The warm lighting hopes to make people feel calm, relaxed, and comfortable.

Fairy Lights – On stage, a single thread of white fairy lights outlines the actor's performance space. Fairy lights are often used by YouTubers in their studio backgrounds. Letitia's studio uses them, too, as a nod to YouTube.

Performance Warnings

There is no Smoke, Haze, Strobe Lighting, or Chase Lighting in the show. However, there are loud unusual noises made by objects being tapped, crushed, or scratched near mics.

Trigger Warnings

Loud unusual noises.